



PROBUS CLUB OF
Ballarat Gardens
[Reg.No. A0057149B]

Probus Club of Ballarat Gardens Inc.

NEWSLETTER

January 2024

◆ Friendship ◆ Fellowship ◆ Fun

PO Box 2323, Bakery Hill VIC 3354 Email: probuscbg@gmail.com

Website: <https://probusballaratgardens.org.au>

GENERAL MEETINGS

Second Tuesday of each month – Masonic Centre, 616–620 Barkly Street, Ballarat.

GUEST SPEAKER

There was no general meeting on 12 December as it was our Christmas lunch.

January meeting Dr Roy Hardman on The Ageing Brain Over Time. He will provide information on how our brain ages over time, and the impact that a Mediterranean Diet and a walking exercise can have on improving one's cognitive abilities.

February meeting Kevin Williams from the Ballarat Historical Society will show more photos from the Society's Collection.

March meeting No guest speaker as it is the AGM.

For details on future guest speakers, contact **Wendy** who welcomes suggestions and/or contacts she can make for extra variety in presentations.

Next meeting: Tuesday, 9 January 2024, 9.30am arrival for a 9.45 start

COMMITTEE MEETING – Thursday 18 January 2024, 9.30am,

NEWSLETTER

The deadline for the **February** newsletter is **Tuesday 23 January**, with publication **Thursday, 25 January**. Please email copy to pbgnews@gmail.com.

BIRTHDAY CONGRATULATIONS FOR JANUARY

Michael G, Mary R, Ray S



PRESIDENT'S REPORT

Thank you to our members who attended our Christmas breakup at the North Ballarat Sports Club. If the camaraderie of the function was any indication of the measure of enjoyment had by all, then I believe that everyone had a great time. I certainly hope this was the case.

At this point of time, however, we do need to consider the positions that will need to be filled in the committee for the year. Personally, I have had a great time as your outgoing president, and I thank you all for your support. **Please**, give consideration to your possible involvement in our committee for next year. Finally, have a wonderful Christmas and New Year. Stay safe, stay well and fabulously healthy, and enjoy the festive season with family and friends.

Regards Geoff

WELFARE

We wish all members who have been in hospital and those who are not well a speedy recovery. Remember that it is also important that your committee is kept up to date with any health issues. You can be assured of complete confidentiality, so please let Marion or Ray, our Welfare Officers, know. Contact: **Marion or Ray**

MORNING TEA ROSTER

Volunteers are still required to assist with morning tea. Please add your name to the form on the table. Contact: **Therese** if you are unable to attend on the day.

CLUB ACTIVITIES

MEETING DAY LUNCHEON

Lunch after the **January meeting** will be advised.

REMEMBER: if you intend going, you must sign the luncheon form on arrival at the meeting. Contact **Geoff** for more information

COLOURING GROUP

Colouring will be held on **Tuesday 2 January** at the **Provincial Living Café**, 222 Sturt Street Central Ballarat. We will have lunch at **12.30pm** followed by colouring. All welcome. Contact: **Esma** for further information.

CRAFT GROUP

There will be no meeting in January.
Contact: Chris or Esma

TRADING TABLE

Support for our trading table has many benefits, besides getting items at bargain prices. All proceeds go towards special things for our members. As well as books, please continue to bring along any items considered saleable. Take advantage by remembering to bring some loose change to the next meeting!
Contact: **Carel**

DINE-OUT

For our **December Dine-Out** we had 24 members go along to Rubens @ Hepburn. A beautiful sunny day set the scene, and with our extended table on the balcony, how could you go wrong? With 24 diners, and not a single complaint, I think this place was a winner. The meals were beautiful, and of generous size. If I were to pick a negative, it would be that the meals were a little slow. The volume of the laughter and chatter continues to remind me of a wonderful group of people enjoying themselves. Thank you to everyone who continues to come along to Dine-Out, regardless of my choice of venue!

Save the date! On Sunday, 21 January at 12:30pm, we will kick off 2024 with a mystery Dine-Out. All I can tell you is that the venue is located somewhere between 500 m and 20 kms of Ballarat CBD. It's a fully licensed premises, with mains ranging from \$25 to \$38, and further details will be provided prior to the day. Or not! Who knows, but a little more detail will be revealed at our January meeting.

If you need further information, call **Robyn**

Please note: After 9 years, it is time for me to hang up the reins of Dine-Out. It's been a great journey, with some incredible venues visited, beautiful meals, a wine or two, and also some horror stories along the way, but certainly many lasting memories. Thank you all for your support, I've enjoyed every minute, but it's now time for someone else's aspect to create a different folder of memories! *Robyn*

LADIES MORNING COFFEE GROUP

Meets on the **4th Thursday** of the month. On **25 January** we will meet at The Green House Café, Shed 5c/20 Elizabeth Street, Delacombe.
All welcome. Contact: **Carmen**

10 PIN BOWLING

December bowling started with lunch at Midlands Golf Club, which was reasonably well received, although there were a couple of meals that didn't meet the standard.

Off to bowling at the new venue and see what awaits? They had only been open for 11 days, so were still very disorganised. Staff were doing their best, but needed direction. Being school holidays, music was up, lighting was down, and lanes were busy. A work in progress I'm guessing?

We had 12 bowlers participating, with some very good scores indeed. Top of the single gamers was Karen H with a very tidy 121, just a single pin clear of Vic S with 120, and Ann W 3rd on 106. Carel Y on 92 and Dennis H with 79 followed.

We also welcomed a newcomer to the 2 gamers, with Brian C kicking proceedings off with a spare, and throwing down the challenge. That said, bragging rights went to our most senior bowler, being The Maestro in Bill V, with 169 in the 1st, and a total of 305. Second was Geoff H on 267, and Ray C on 231 claiming 3rd by a single pin from Robyn H. Remaining bowlers were Robyn on 230, David W, (who admittedly bowled a few frames with his left hand), on 222, Neil S on 186, and Brian C on 173, which was a great effort for his first outing with us.

Come along on **Friday, 19 January, Oz Tenpin Bowling**, 810 Norman St, Ballarat, at **1:15pm** for a **1:30 start**.
Contact: **Geoff**

If there were a pill to cure procrastination, I would probably take it tomorrow.
When I was young I was poor. But after years of hard work, I am no longer young.
Did you know you have the right to remain silent even when you're not being arrested?



Bowling at the new venue



MENS COFFEE AND CHAT GROUP

Meets on **1st and 3rd Tuesday** of the month, **10.00am** at the **Ballarat Yacht Club**.
Contact: **Vic**

WALKING GROUP

The group leaves **every Friday morning at 10am on the dot**, from the cannons in front of **Pipers**, and meets up again inside **Piper's** about 11 o'clock for tea, coffee or whatever you fancy. We usually take an hour to recover and then head home for lunch. Some members just like to join us for coffee and a chat. There is no need to book in beforehand or apologise if you can't make it. Everyone is welcome.
Contact: **Rhonda**

OUTINGS AND TRIPS

Day Trips – Portarlington Ferry and Lunch

A great suggestion has been put forward for a ferry trip to Portarlington, to enjoy lunch and a leisurely walk, then return on the Ferry to Docklands, which certainly would be a fantastic day indeed.

The Ferry departs **Docklands** at **9:30am**, arriving in **Portarlington** at **10:40am**. There are several options for lunch, including **Pier St Café**, and the **Grand Hotel**. The Ferry departs Portarlington at **4:00pm**, arriving at Docklands at **5:10pm**.

Referencing the current V/line timetable, we would need to be on the **6:55am** train departing Wendouree, (which gives 52 minutes to get on the Ferry), returning on the **5:58pm** departing Southern Cross.

Cost for the Ferry is \$34 concession per person. Lunch would depend on your choice of venue and meal. Train fare is normal for return to Melbourne.

There will be a registration sheet at our January meeting, but could you please let Geoff know prior if you are interested,

Overnewton Castle

Provisionally planned for April. Needs minimum 20 participants.

Contact: **Mick**

PICNICS

Australia Day Picnic, 26 January, 12.00noon
Eureka Stockade, enter from Stawell Street
We hope to see as many as possible there!
Contact: **Noreen and Kevin**

GENEALOGY

Contact: **Dorothy**

Australia Day Picnic

Friday 26 January 2024

From 12.00noon

Eureka Stockade, (enter via Stawell Street)

B.Y.O. Chairs & Snacks

Please ring Noreen or Kevin if you are able to attend.

Looking forward to a 'TRUE BLUE Aussie Day'.



Wear some nostalgic Aussie gear, pack a Vegemite sandwich, add a lamington or two, and enjoy 'G'day' with your Probus mates.



Now is the time to start thinking about how you can serve/contribute to your club.

Please do not forget that our AGM is coming up at the March meeting. All committee members will be resigning from their positions, even though some may still be happy to continue. ALL positions must then be applied for on the Nomination Form available with this newsletter. Each and every one of you can apply for ANY position where you feel that you can make a contribution to the club. If a position has more than one nomination, a vote will be taken by the members at this meeting.



My neighbour asked if he could use my lawnmower. I said, 'Sure. Just don't take it out of the yard.'
I asked the librarian if she had books on paranoia. She whispered, 'They're right behind you ...'

Out'n>About



Morning Melodies at NBSC

Christmas Lunch at North Ballarat Sports Club



*Door prize winners: Mick G, Dianne L
Hamper winners: Neil S, Maureen S, Sue W,
Carmen S*

Final Dine-Out: Rubens @ Hepburn



Walking Group Christmas Lunch at the Olive Grove

